

# Hazen Center for Integrated Care

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International Student Orientation

# Hazen Center for Integrated Care

➤ Student Health Center



➤ Counseling Center

➤ Health Promotion and Prevention Education (HPPE)

Accredited by the American Association for Ambulatory Health Care, Inc.



# Student Health Center

## Open for appointments

Monday - Friday

8:00 AM - 4:45 PM

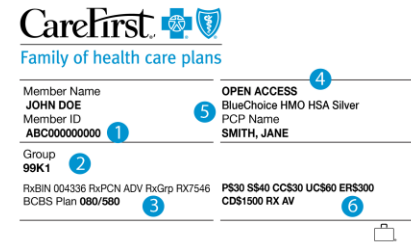
## How to schedule an appointment?

Phone call: (585) 395-2414

or

[Schedule online: MyHazen portal](#)

# Insurance Card



- MOST services at the health center are completely free
  - ★ Some exceptions are vaccinations, emergency contraception (small fee) and lab work that needs to be sent away to an outside lab (goes through your insurance)
- All students must have insurance that functions in USA
  - ★ Most international students have already registered for insurance
- Keep your insurance card in your wallet or with you at all times
- Medical offices and hospitals will request insurance card, or you will get a bill
- Always ask if the office or hospital will accept your insurance: your insurance may not be accepted everywhere

# Common Reasons for Visits

- Respiratory Infections – colds, cough, sore throat
- Allergy Problems
- Ear Infection
- Asthma
- Injuries
- Depression / Anxiety Disorder
- Women's Health Issues
- Sexual Health / STI testing
- Digestive concerns



# Sick or Hurt?

## What to do if you need medical care:

- Hazen: Monday - Friday 8:00AM - 4:45PM
- After Hours Nurse Advice Line: call Hazen phone 585-395-2414
- Area facilities: Urgent Care, Emergency Dept
- For emergencies on-campus call 585-395-2222 for Brockport University Police
- For emergencies in USA = **911** (off-campus)



# Counseling Center

## Services

- Biweekly Individual Counseling
- Tele-mental Health and In-Person Visits
- Weekly Group Counseling
- Same-Day Urgent Appointments
- Assessments (Psychiatric, Substance Use, Disordered Eating)
- Referrals to Community Providers as needed

# HPPE

( Health Promotion and Prevention Education )



## Focus Areas:

- Alcohol & Substance Use
- Sexual Health
- Condom distribution
- Mental Health Promotion
- Fitness & Nutrition
- LGBTQIA+ health
- Relationship/Sexual Violence Prevention
- Stalking Prevention
- Social Justice
- Identity

**PARTY**  
**SMART** ✓



# Things to know about USA: Healthcare

- Bring your insurance card with you
- Arrive BEFORE your appointment starts
- If you need to cancel or if you will be late, call on the phone
- Review the names of medicines in your home-country, may be different than the USA names
  - Example: paracetamol = acetaminophen

# Things to know about USA: Consent!

- Consent is:
  - ✓ an active agreement by all participants to a sexual act
  - ✓ voluntary
  - ✓ sober
  - ✓ enthusiastic
  - ✓ wanted
  - ✓ informed
  - ✓ mutual
  - ✓ honest
  - ✓ not coerced



- Legal age for sexual consent in New York State = 17 years old
- **NO ONE** can give consent if incapacitated due to alcohol or other drug/substance consumption.

# Things to know about USA: Drugs and Alcohol

- Legal age for alcohol in United States = 21 years old
- SUNY Brockport has a campus-wide **NO smoking** policy:
  - ✓ No smoking cigarettes
  - ✓ No tobacco in any form
  - ✓ No vaping
  - ✓ No cannabis anywhere on campus:
    - Includes: cannabis, medical cannabis, cannabis concentrates (edibles or THC oils), cannabis paraphernalia
- Legal age for marijuana in New York State = 21 years old
- Marijuana is **ILLEGAL** in other parts of United States

QUESTIONS?

